



POUNDBURY FERTILITY

**FEMALE QUESTIONNAIRE**

**DATE:**

*(All information disclosed herein is confidential and will not be shared with other parties unless consent is given by the client named below)*

**NAME:**

**PARTNER'S NAME:**

**D.O.B:**

**D.O.B:**

**ADDRESS:**

**ADDRESS:**

**CONTACT NUMBERS:**

**CONTACT NUMBERS:**

Who referred you to us? *(Please give name where appropriate)*  
*(Please circle)*

Consultant / G.P. / Self referred

How long have you and your partner been together?

When did you first start trying for a baby?  
(i.e.: when did you stop using any form of contraception)

**PREVIOUS PREGNANCIES**

Have you ever been pregnant?  
*(If with a previous partner please indicate)*

**YEAR AND OUTCOME OF ANY PREGNANCIES**

<b>Year</b>	<b>Outcome (live birth, miscarriage, ectopic, termination)*</b>	<b>Mode of Delivery (normal/caesarean section)</b>	<b>Type of Conception (Natural / IVF / Donor)</b>

\* Please state any complications which occurred during or after pregnancy.





POUNDBURY FERTILITY

**PREVIOUS CONTRACEPTION:** (please tick)

	years (from/to)	any problems
The pill (brand) ( )		
IUCD (coil) ( )		
Barrier (condom/cap) ( )		
Intra-muscular injection ( )		

**PREVIOUS MEDICAL HISTORY**

*(please tick if you have had any of the following)*

- |  |  |
|--|--|
| ( ) Rheumatic Fever                      | ( ) Radiotherapy                         |
| ( ) Tuberculosis (TB)                    | ( ) Chemotherapy                         |
| ( ) Diabetes                             | ( ) Thyroid disorders                    |
| ( ) Jaundice                             | ( ) Asthma                               |
| ( ) Raised blood pressure (hypertension) | ( ) Heart Attack (myocardial infarction) |
| ( ) Stroke (CVA)                         | ( ) Epilepsy                             |
| ( ) Liver problems/gall stones           | ( ) Systemic Lupus Erythematosus (SLE)   |
| ( ) Porphyria                            | ( ) Cancer of the womb                   |

Do you or anyone in your family have any inherited conditions?  
If yes, please give details

YES / NO

Do you know if you are immune to rubella?

YES / NO

Do you have any relatives from either the Mediterranean region, Middle East  
or from Asia?

YES / NO

Are you aware of any family history or do you have?

Sickle cell anaemia or trait

YES / NO

Thalassaemia

YES / NO



POUNDBURY FERTILITY

Have you had a recent blood pressure check YES / NO  
If "yes" please give date .....

Have you ever had a cardiac/circulator problem YES / NO

Do you suffer from migraine YES / NO

Do you have a history of blood clotting disorders? YES / NO  
(Pulmonary embolus (PE) or Deep Venous Thrombosis (DVT))

Are you on any long-term medication? YES / NO  
If yes, please give details

Are you taking Folic Acid? YES / NO  
What preparation are you taking? .....

Do you have any allergies? YES / NO  
If yes, please give details

Do you suffer from stress? YES / NO  
If "yes" please expand as to what causes stress and how do help to reduce it. How does stress affect your lifestyle?

How often do you exercise? (*please circle*) regularly / infrequently / never

What exercise do you do and please record what you have done in the last 7 days .....

Have you had any operations? YES/NO  
If yes, please give details and date



POUNDBURY FERTILITY

**GYNAECOLOGICAL HISTORY**

Have you ever been referred to a gynaecologist? YES / NO  
 If yes, please give details

Have you ever had any surgery following referral? YES / NO  
 (please indicate procedure and year it took place)

When was your last cervical smear? / /

Have you ever had an abnormal smear? YES / NO  
 If yes, please give details (repeat smear, colposcopy only, cone biopsy, laser treatment)

Have you ever had pelvic inflammatory disease YES / NO  
 If so, when .....

\*Any vaginal discharge requiring treatment by a doctor (excluding thrush) YES / NO

\*STD (eg Chlamydia, Syphilis, Gonorrhoea, genital herpes or genital warts YES / NO  
 \* If "yes" please expand and give dates and treatment (if known)

**PREVIOUS INVESTIGATIONS** Please indicate if you have ever had any of the following

	Carried out	Year	Place
Laparoscopy	( )		
Hysteroscopy	( )		
Hysterosalpingogram	( )		
HyCosy (tube test)	( )		
Scan	( )		

\*Please could you contact your doctor and bring the results with you to your consultation.

**Blood Tests (Please bring along any bloods already taken)**

Hormonal assays ( )



POUNDBURY FERTILITY

**PREVIOUS FERTILITY TREATMENT** *Please indicate if you have ever had any of the following*

Ovulation induction	YES / NO
IVF	YES / NO
Other	YES / NO
Have you had any fertility treatment with your current partner or a previous partners If yes, please give details	YES / NO

Location of fertility treatment .....  
(Please bring along to your consultation any information that may be beneficial)

**GENERAL HEALTH**

What is your occupation?

Do you travel away alot? YES / NO

How tall are you?

What is your weight?

Is your weight steady / increasing / decreasing?

Do you smoke? YES / NO

If yes, how many cigarettes a day .....

Do you drink alcohol? YES / NO  
If yes, how many units a week .....

Do you take any recreational drugs? YES / NO  
If "yes" what do you use?



## POUNDBURY FERTILITY

Is there a family history of breast or gynaecological cancer on your mother's side of the family?

If yes, please give details

Have you had any hospital admissions for any other illnesses?

YES / NO

If yes, please give details

Have you had any problems with anaesthetic in the past?

YES / NO

If "yes" please indicate reason.

### **COMPLEMENTARY MEDICINE**

Have you ever used any form of complementary therapy?

YES / NO

If yes, what and when?

If yes, please give names and addresses of practitioners

If yes, consent to contact practitioners?

YES / NO

***Please make a list below of any questions you would like answered at your consultation below***

***Thank you for taking the time to complete this form***